

100% OF PROFITS
INVESTED

In employment
and training

PERSONS WITH
DISABILITIES

MENU

Non-Profit Organization
-Est 2024 -



SCABANE
CitiPouss

BREAKFAST

Plain Croissant \$2.50

« Flaky and buttery to perfection »

Jam Croissant \$3.50

Strawberry Jam Puff Pastry

Apple Turnover \$4.00

Apple Delight Puff Pastry

Chocolatine \$3.50

Classic Chocolate Croissant

Roulé à la Cannelle \$4.00

For cinnamon lovers

Turkey Cheese Croissant \$6.00

Slices of turkey and melting Swiss cheese

Breakfast Wrap \$7.00

Tortilla with Bacon, Scrambled Eggs, Swiss Cheese, and Served with our Chipotle Sauce

LUNCH

Saumon Gourmet \$11.50

Smoked salmon, guacamole, capers, microgreens of the day, ciabatta bread.

Délices des Pousses \$11.50

Turkey, Swiss Cheese, Guacamole, Microgreens of the Day, Ciabatta Bread

Pousse Fumé \$11.50

Schwartz Smoked Meat, Microgreens of the Day, Ciabatta Bread, Guacamole or Chipotle Sauce

Soupe du Jour \$7.00

Vegetables, Garlic Croutons, and Fresh Microgreens

COMBOS

MENU A \$15.50

1 Sandwich + 1 Cake

MENU B \$18.50

1 Sandwich + 1 Soup

MENU C \$20.50

1 Sandwich + 1 Smoothie

MENU D \$22.50

1 Soup + 1 Sandwich + 1 Cake

MENU E \$25.00

1 Soup + 1 Smoothie + 1 Sandwich

DESSERTS MAISONS

Parfait CitiPouss \$8.00

Strawberry Jam, Greek Yogurt, Homemade Granola, Fresh Fruit

Chocolate Cake \$4.00

100% Chocolate and chocolate chips

Banana Bread \$4.00

Homemade recipe, tasty and rich

Broc Choc \$4.00

Homemade Vegan Chocolate Mousse



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SMOOTHIES

Basilic Boost \$9.50

Orange, Banana, Strawberry, Greek Yogurt,
Honey, Freeze-Dried Basil, Sea Moss

Rouge Boost \$9.50

Mango, Banana, Pineapple, Orange, Freeze-
Dried Red Cabbage, Sea Moss

Brocoli Boost \$9.50

Banana, Mango, Avocado, Honey, Freeze-Dried
Broccoli, Sea Moss

Kale Boost \$9.50

Orange, Pineapple, Banana, Freeze-Dried Kale,
Sea Moss

Detox Soon

Green Apple, Kiwi, Pineapple, Freeze-Dried
Broccoli, Sea Moss

PB & J \$9.50

Banana, Strawberry, Peanut Butter, Freeze-
Dried Kale, Sea Moss

SpiruSun \$9.50

Mango, Pineapple, Orange, Spirulina, Freeze-
Dried Red Cabbage, Sea Moss

HOT DRINKS

Café Espresso \$2.50

Café Américain \$2.90

Décafeiné \$2.90

Café Latte \$3.50

Café Latte - Grande \$4.50

Café Latte - Végétal \$3.90

Hot Chocolate \$4.00

Thé \$3.00

COLD DRINKS

EAU \$2.00

COKE \$2.50

COKE ZERO \$2.50

PERRIER \$3.00

BUBBLY \$2.50

